

1



2



The Peace Quilts of
Belfast tour
internationally today.

3

HELLO!

4

Common Ground:

The **place** where we **agree**.


5


Part 1:
You Animal,
You.




6

20,000 genes





30,000 genes




7

Humans are Primates

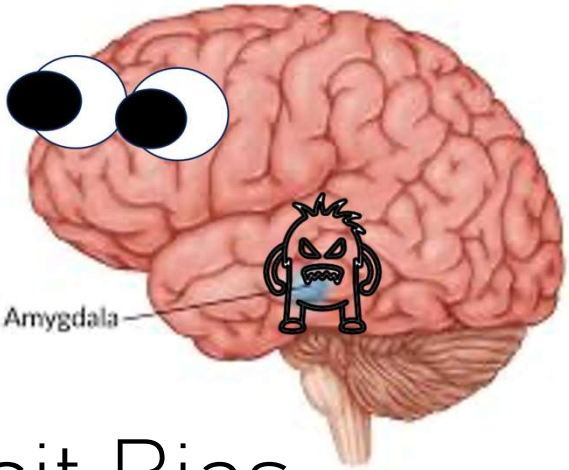


8



AMYGDALA FUNCTIONS


PART OF LIMBIC SYSTEM
FEAR & THREAT DETECTION




Implicit Bias

9

US



THEM

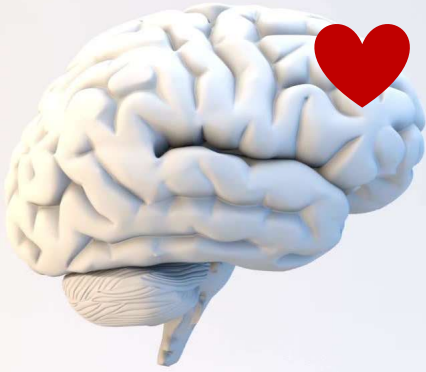


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11

Another Way



We Can *Rewire* Bias with Narrative



Give me nuance!

**Robert Sapolsky's Research on Storytelling and Reducing Hostility

12

The Story Of My Name



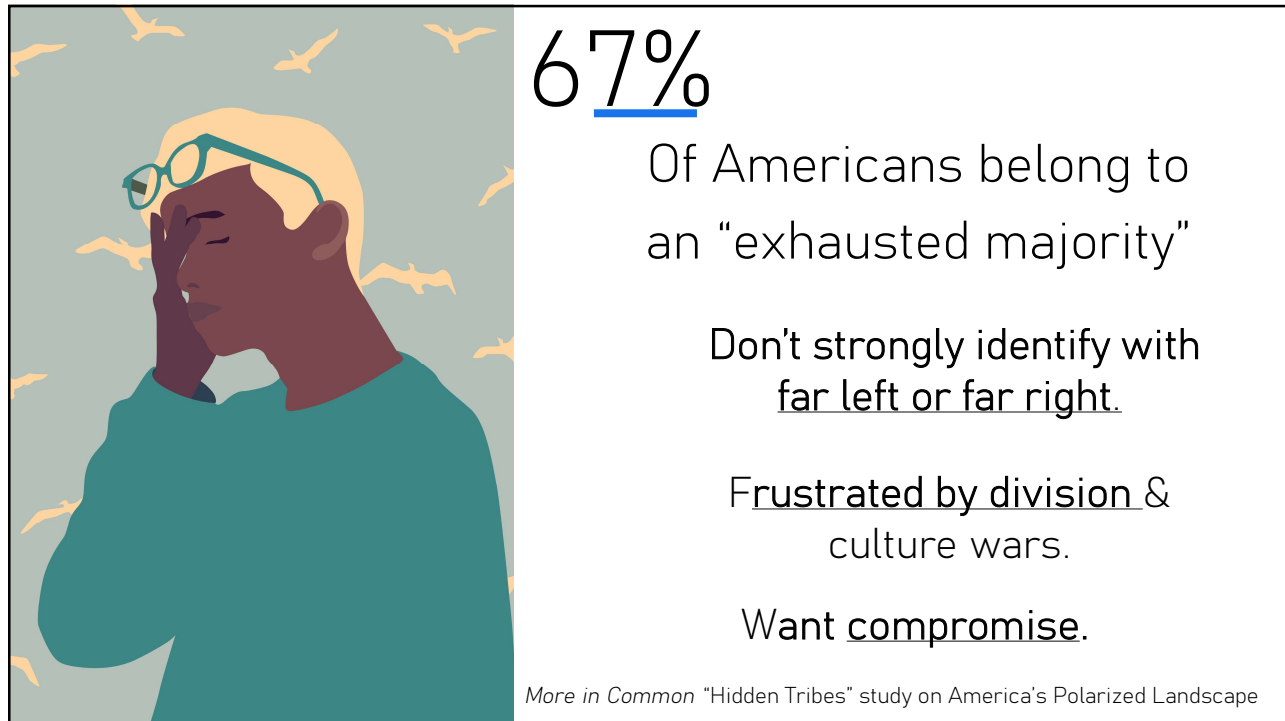
You can share:

- Where your name comes from
 - What it means (if you know)
 - Why you were given that name
 - If you've ever changed it or wanted to
 - How people mispronounce it
 - A funny or meaningful memory connected to your name
 - Or even how you feel about it now
-

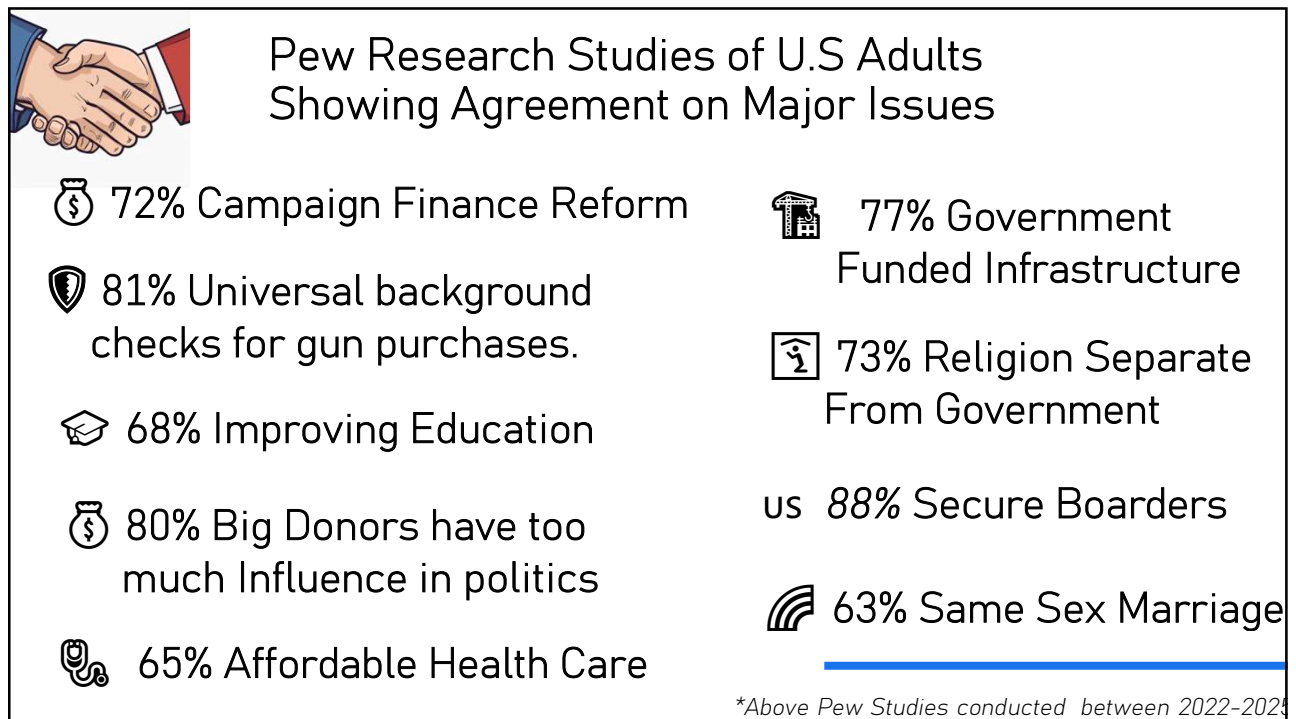
13



14



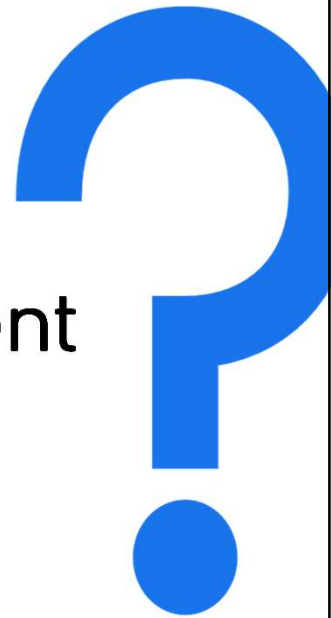
15



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Poll :

More Alike Than Different



17

Part 3: Tools for Connection



18

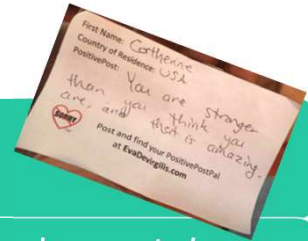


19



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Positive Post Project



What do you need to hear today?

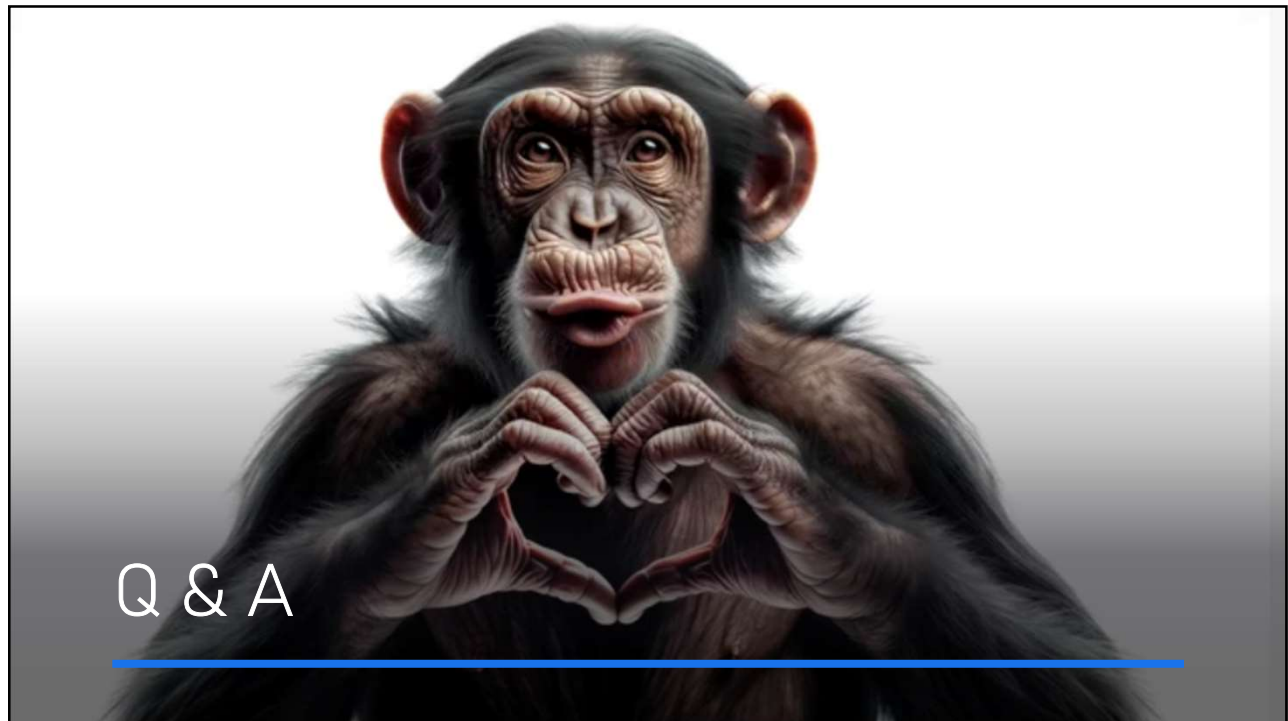
What would you say to someone who feels hopeless right now?

What would you tell someone who is doubting themselves?

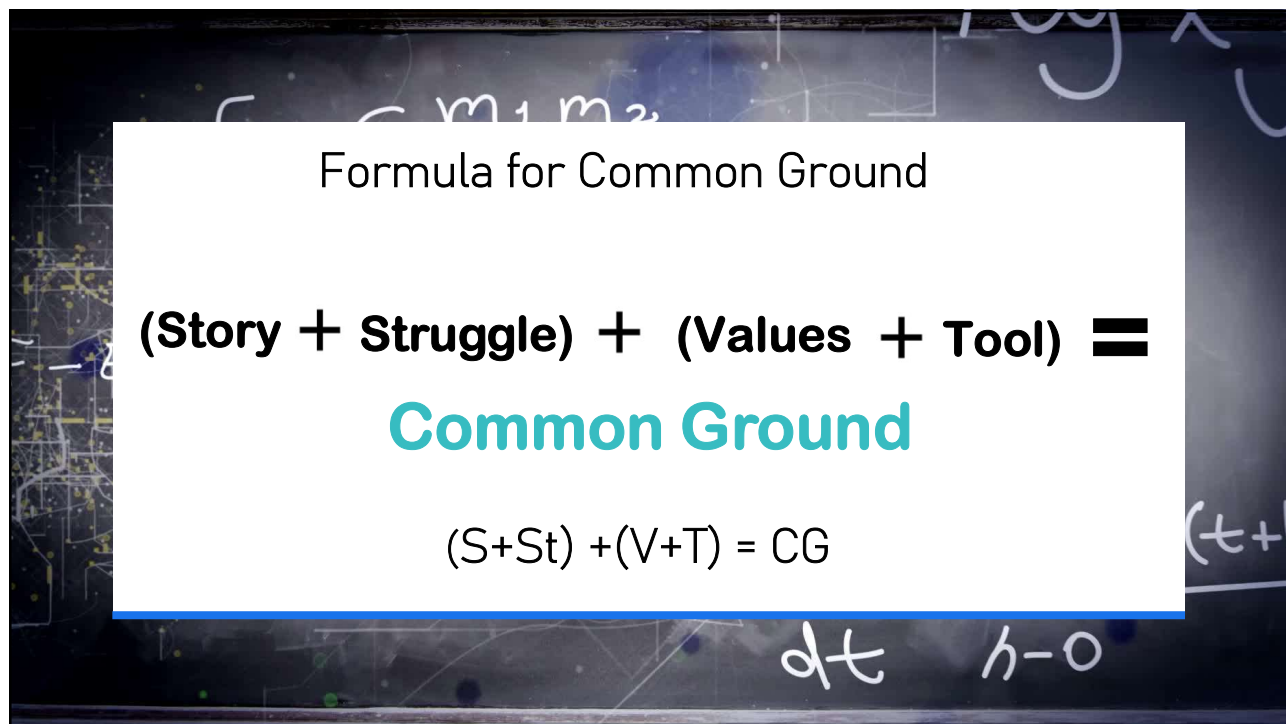
Share a quote that has inspired your journey.

Post a picture of your Positive Post and Connect using #PositivePostProject

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